Tuesday 2nd June

Remember during lockdown it's important to keep active whenever you can.

This month, lets try something a little bit different!

Each day you will be set a challenge. That challenge has three difficulty levels (bronze, silver and gold).

Choose the difficulty level you want to aim towards and try your best to achieve it!

Good luck! ©

| Monday | Tuesday |  | Thursday | Friday | Saturday | Sunday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| I <br> Do some sit ups Bronze: 10 sit up Silver: 20 sit ups Gold: 40 sit ups | 2 <br> Do some star jumps: <br> Bronze: 20 times Silver: 30 times | P <br> ctise balancing right leg: <br> B onze: I minute lver: 2 minutes Gold: 3 minutes | 4 <br> Practise balancing on left leg: <br> Bronze: I minute <br> Silver: 2 minutes <br> Gold: 3 minutes | 5 <br> Have a jog around: <br> Bronze: 5 minutes <br> Silver: 10 minutes <br> Gold: 15 minutes | 6 <br> Create your own throwing and catching game! | 7 <br> Teach the people at home your game and see who scores the most points! |
| 8 <br> Do some burpees: <br> Bronze: IO burpees <br> Silver: 15 burpees <br> Gold: 20+ burpees | Try and do some mountain climbers: <br> Bronze: 10 times <br> Silver: 20 times <br> Gold: 30+ times | 10 <br> Carefully try and do a plank: <br> Bronze: 30 seconds <br> Silver: 45 seconds <br> Gold: 60+ seconds | II <br> See how many tuck jumps you can do in a row: <br> Bronze: 10 jumps <br> Silver: 20 jumps <br> Gold: 30 jumps | 12 <br> Push ups! <br> Bronze: 10 push ups Silver: 15 push ups Gold: 20+ push ups | 13 <br> Use a pack of cards and create a game involving different exercises and the different suits! | 14 <br> Compete against someone at home to see who can complete more exercises in a given time. |
| 15 <br> Try and do some crunches: <br> Bronze: 10 crunches Silver: 20 crunches <br> Gold: 30 crunches | 16 <br> Do some lunges on both legs: <br> Bronze: 10 each leg Silver: 20 each leg Gold: 30 each leg | $17$ <br> Do a wall sit remember, stay still: Bronze: 20 seconds Silver: 30 seconds Gold: 60 seconds | 18 <br> Squat - count how many squats you can safely do in a minute: <br> Bronze: 10 squats <br> Silver: 15 squats <br> Gold: 20+ squats | 19 <br> High knees - Keep going without stopping <br> Bronze: 30 seconds <br> Silver: 50 seconds <br> Gold: I+ minute | 15 <br> Challenge yourself to learning some new yoga posts watch a Youtube video to help. | 16 <br> Practise those yoga skills your learned and see if you can balance for longer than you did yesterday. |
| 22 <br> Try doing some scissor kicks: <br> Bronze: 30 seconds <br> Silver: 45 seconds <br> Gold: 60+ seconds | 23 <br> Do some shuttle runs: <br> Bronze: 15 runs <br> Silver: 30 runs <br> Gold: 50 runs | 24 <br> Hop on the spot: <br> Bronze: 10 each leg <br> Silver: 25 each leg <br> Gold: 50 each leg | 25 <br> Hopscotch until you need to stop Bronze: 30 seconds Silver: 45 seconds Gold: 2 minutes | 26 <br> Try safely to do some jump squats in a minute: <br> Bronze: IO squats <br> Silver: 15 squats <br> Gold: 20+ squats | $27$ <br> Go outside and be active with someone from your house. Go for a run or a walk! | 28 <br> Use your outdoor time to jump over things, balance along things and move in different ways. |
| 29 <br> Try hurdling over something (or just jumping!): <br> Bronze: I minute Silver: 3 minutes Gold: 5 minutes | 30 <br> Step jumps - find a step and jump up and down on it safely: <br> Bronze: 10 times <br> Silver: 20 times <br> Gold 40+ times | Let's get active in June! <br> Try each of these activities with the people you're with! Challenge yourself to get as many bronze/silver/golds as you can! Keep track and celebrate your achievements! Remember it is important to stay active and healthy! |  |  |  |  |

Try each of these activities with the people you're with! Challenge yourself to get as many bronze/silver/golds as you can! Keep track and celebrate your achievements! Remember it is important to stay active and healthy!

## Take Notice Tuesday!

*Taking notice, being aware and mindful is associated with positive mental health and well being.
*Take time to notice and appreciate nature, everyday life and moments.
Try body scan!
*Lie down on your back on a comfortable surface and close your eyes.
*Squeeze every muscle in your body as tight as you can
*Squish your toes and feet, squeeze hands into fists and make your legs and arms as hard as stone.
*After a few seconds release all your muscles and relax for a few minutes.
*Think about how your body is feeling throughout the day.

## Take Notice Tuesday (part 2)

- Practice mindful breathing by playing a game of blowing up a balloon to fill the cups enough to move them!

- Make a sensory bottle. Great for giving children a mindful moment. Watch the glitter swirl around the bottle. Pause and think about all the things you are grateful for.



## English - Lesson 2- Task One

## It's story time!

Listen to/watch the reading of 'Diary of a Wombat' by Jackie French and Bruce Whatley
https://www.youtube.com/watch?v=7qMMhJ4iiu8

Remember the different text types we learnt yesterday? (You can look back at the chart if you can't remember)

Diary of a Wombat is fiction, a story and a diary.

## English-Lesson 2- task 2

## Writing time!

*Diary of a Wombat is told from the point of view of the wombat.
*Look at this picture called 'The Dust Bath'

*Write a sentence expressing what the wombat thinks about having a dust bath.
E.g. I had a lovely refreshing dust bath, which really cheered me up.
*Would the family feel the same? No!
*Write a sentence expressing what the family feel.
E.g. That annoying wombat has ruined our barbecue!
*Now you try using your own ideas

## TT Rock Stars

-Why not have a go online today?

- You can also use the app if you have this already downloaded on your tablet
- Choose Arena and try compete against others!
- Choose Garage and earn yourself some credits.


## Mental Maths (10-4-10) Questions

Extension!

1. $-+35=39$
2. $26-$ $\qquad$ $=12$
3. $20 \div 5=$
4. $35 \div 5=$
5. 100 - $\qquad$ $=29$
6. $29 \mathrm{p}+45 \mathrm{p}=$
7. $21-17=$
8. $\frac{1}{2}$ of $34=$
9. $\frac{1}{3}$ of $15=$
10. $3 \times \ldots=21$
11. I'm thinking of a number. I add 19 to it. The answer is 28. What was my number?
12. Write out the number 23 using words.
13. What is the value of the 5 in the number 45 ?
14. How many days are there two weeks?
15. What is 12 shared between 3 equal groups?

## Mental Maths (10-4-10) Answers

## Extension!

1. $4+35=39$
2. $26-14=12$
3. $20 \div 5=4$
4. $35 \div 5=7$
5. $100-71=29$
6. $29 p+45 p=74 p$
7. $21-17=4$
8. $\frac{1}{2}$ of $34=\underline{17}$
9. $\frac{1}{3}$ of $15=\underline{5}$
10. $3 \times \underline{7}=21$
11. I'm thinking of a number. I add 19 to it. The answer is 28. What was my number? $=9$
12. Write out the number 23 using words. = Twenty-three
13. What is the value of the 5 in the number $45 ?=5$ or 5 ones
14. How many days are there two weeks? $=14$
15. What is 12 shared between 3 equal groups? $=4$

## Maths Home Learning - White Rose

https://whiterosemaths.com/homelearning/ye ar-21
Use the link above to help your child to learn about sharing (Summer Term - Week 6 lesson 2)

- First watch the video clip and then complete the activities when asked to do so.
- White Rose have now changed how they release their home learning resources. It is now only available to those with a subscription. But do not worry! Here for Year 2 we have subscribed for the benefit of you!

Lesson 2 - Sharing


- You can still access the learning videos on the White Rose website provided and we will also continue to provide the activity sheets for you too. :)

Sharing is another term used for making equal groups.

## Maths focus Sharing

When we are asked to share or make equal groups, we are actually being asked to divide.

Remember, when we share, we must be fair! This means that each equal group must have the same amount in. If one group has more than another, then it is not an equal group.

## Make equal groups - sharing

## Today's questions (part 1)

Please refer to the online video or the support on the previous slides if needed :)
(1) Annie has 12 apples.


She shares them equally into 2 boxes. Show how Annie shares the apples equally.


Complete the sentences. There are 12 apples.


There are $\square$
2. Take 20 cubes.
a) Share them into 2 equal groups.

Complete the sentences.
There are 20 cubes.

$\square$ cubes in each group.
b) Share the cubes into 5 equal groups.

Complete the sentences.
There are 20 cubes.

c) You can share 20 into other equal groups. Is this true? $\qquad$
How do you know?

Complete the divisions.

## Today's questions (part 2)

Please refer to the online video or the support on the previous slides if needed :
a) $40 \div 2=$ $\square$
c) $40 \div 5=$ $\square$
b) $40 \div 4=$ $\square$
d) $40 \div 10=$ $\square$

Did you have to make any exchanges?
4. 30 flowers are shared equally between 5 vases.

a) Complete the division

b) What does each part of the division represent? Talk about it with a partner
A $20 \div 5=$ $\square$
 $=2$
B $20 \div 4=$ $\square$
D $20 \div 2=$ $\square$

Write a letter in each box to match the divisions to the sentences.

Dora has 20 apples. She shares them equally between 4 boxes.

Ron has 20 sweets. He shares them equally between some party bags There are 2 sweets in each party bag.

Dexter has 20 toy cars. He shares them equally between 5 boxes.

Whitney has 20 dolls. She shares them equally with her sister.


What other sentences can you think of to match the divisions?

## Make equal groups - sharing

(1) Annie has 12 apples.

## 060 O O O O O O O O

She shares them equally into 2 boxes.

## Today's <br> Answers <br> (part 1)

Show how Annie shares the apples equally.


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Complete the sentences.
There are 12 apples.
There are


There are $\square$ apples in each box.
2. Take 20 cubes
a) Share them into 2 equal groups. Complete the sentences.
There are 20 cubes.
There are
 groups.

There are $\square$ cubes in each group
b) Share the cubes into 5 equal groups. Complete the sentences.
There are 20 cubes.
There are 5 groups. There are 4 cubes in each group.
c) You can share 20 into other equal groups. Is this true? Yes

How do you know?
a) $40 \div 2=$

c) $40 \div 5=$

b) $40 \div 4=$ $\square$
d) $40 \div 10=$ 4

## Today's Answers (part 2)

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30 flowers are shared equally between 5 vases.

a) Complete the division.

b) What does each part of the division represent? Talk about it with a partner.
5) Complete the divisions.
A $20 \div 5=$

C $20 \div$
 $=2$
B $20 \div 4=$ $\square$
D $20 \div 2=$


Write a letter in each box to match the divisions to the sentences.

Dora has 20 apples. She shares them equally between 4 boxes.

Ron has 20 sweets. He shares them equally between some party bags. There are 2 sweets in each party bag.

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What other sentences can you think of to match the divisions?

## Spellings

We have now gone through all of the Year 2 common exception words.

Continue to practise spelling these words until you know them off by heart!


## New learning- we are now

 focusing on key spelling rulesThis week we are going to learn /r/sound spelled 'wr'at the beginning of words

New words to learn
*wrap
*wren
*wriggly
*wrinkly
*write

